

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R/1	Me and My Relationships All about me What makes me special Me and my special people Who can help me? My feelings My feelings (2)	Valuing Difference I'm special, you're special Same and different Same and different families Same and different homes I am caring (formerly Kind and caring -1) I am a friend (formerly Kind and caring, 2)	Keeping Myself Safe What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings Keeping safe online People who help to keep me safe	Rights and Responsibilities Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safety	Being My Best Bouncing back when things go wrong Yes, I can! Healthy eating My healthy mind Move your body A good night's sleep	Growing and Changing Includes RSE-related issues Seasons Life stages - plants, animals, humans Life Stages: Human life stage - who will I be? Where do babies come from? Getting bigger Me and my body - girls and boys
Year 1/2	Me and My Relationships 1. Our ideal classroom 2. How're you feeling today? 3. Let's all be happy! 4. Being a good friend 5. Types of bullying 6. Don't do that!	Valuing Difference 1. What makes us who we are? 2. My special people 3. How do we make others feel? 4. When someone is feeling left out 5. An act of kindness 6. Solve the problem	Keeping Myself Safe 1. Harold's picnic 2. How safe would you feel? 3. What should Harold say? 4. I don't like that! 5. Fun or not? 6. Should I tell?	Rights and Responsibilities 1. Getting on with others 2. When I feel like erupting 3. Feeling safe 4. Playing games 5. Harold saves for something special 6. How can we look after our environment?	Being My Best 1. You can do it! 2. My day 3. Harold's postcard - helping us to keep clean and healthy 4. Harold's bathroom 5. What does my body do? 6. Basic first aid	Growing and Changing (RSE) Year 2 ONLY 1. A helping hand 2. Sam moves away 3. Haven't you grown! 4. My body, your body 5. Respecting privacy 6. Some secrets should never be kept
Year 3	Me and my Relationships 1. As a Rule 2. Looking after our special people 3. How can we solve this problem? 4. Friends are special 5. Thunks 6. Dan's Dare	Valuing Difference 1. Respect and Challenge 2. Family & Friends 3. My Community 4. Our Friends & Neighbours 5. Let's Celebrate Our Differences 6. Zeb	Keeping Myself Safe 1. Safe or Unsafe 2. Danger or Risk? 3. The Risk Robot 4. Super Seacher 5. Help or Harm? 6. Cigarettes: The Facts	Rights and Responsibilities 1. Helping each other to stay safe 2. Recount Task 3. Our Helpful Volunteers 4. Can Harold Afford It? 5. Earning Money 6. Harold's Environment Project	Being My Best 1. Derek cooks dinner! 2. Poorly Harold 3. Body team work 4. For or against? 5. I am fantastic! 6. Top Talents	Growing and Changing (RSE) 1. Relationship Tree 2. Body Space 3. None of your business! 4. Secret or Surprise? 5. My Changing body 6. Basic first aid
Year 4	Me and my Relationships 1. Human machines 2. Ok or not ok? (part 1) 3. Ok or not ok? (part 2) 4. An email from Harold! 5. Different feelings 6. Under pressure	Valuing Difference 1. Can you sort it? 2. What would I do? 3. The people we share our world with 4. That is such a stereotype! 5. Friend or acquaintance? 6. Islands	Keeping Myself Safe 1. Danger, risk or hazard? 2. How dare you! 3. Keeping ourselves safe 4. Raisin challenge (2) 5. Picture wise 6. Medicines: check the label	Rights and Responsibilities 1. Who helps us stay healthy and safe? 2. It's your right 3. How do we make a difference? 4. In the news! 5. Safety in numbers 6. Why pay taxes?	Being My Best 1. What makes me ME! 2. Making choices 3. SCARF hotel 4. Harold's Seven Rs 5. My school community (1) 6. Basic first aid	Growing and Changing (RSE) 1. Moving house 2. My feelings are all over the place! 3. All change! 4. Preparing for changes at puberty 5. Secret or surprise? 6. Together
Year 5/6	Me and my Relationships 1. Working together 2. Solve the friendship problem 3. Behave yourself 4. Assertiveness skills 5. Don't force me 6. Acting appropriately	Valuing Difference 1. OK to be different 2. We have more in common than not 3. Respecting differences 4. Tolerance and respect for others 5. Advertising friendships! 6. Boys will be boys? - challenging gender stereotypes	Keeping Myself Safe 1. Think before you click! 2. To share or not to share? 3. Rat Park 4. What sort of drug is...? 5. Drugs: it's the law! 6. Alcohol: what is normal?	Rights and Respect 1. Two sides to every story 2. Fakebook friends 3. What's it worth? 4. Happy shoppers - caring for the environment 5. Democracy in Britain 1 - Elections 6. Democracy in Britain 2 - How (most) laws are made	Being My Best 1. This will be your life! 2. Our recommendations 3. What's the risk? (1) 4. What's the risk? (2) (Updated 29 Aug 2025) 5. Basic first aid, including Sepsis Awareness 6. Five Ways to Wellbeing project	Growing and Changing (RSE) Y6 ONLY 1. I look great! 2. Media manipulation 3. Pressure online 4. Helpful or unhelpful? Managing change 5. Is this normal? 6. Making babies

RSE Units (Summer 2) to be taught in separate Year Groups - Note Year 5 pupils and Year 1 pupils to follow their specific year group content on SCARF